Ākonga worksheets

# Cooperative Sport

Team name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team uniform \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team chant \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Team members

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team appointments

Manager (in charge **off court**) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Captain (in charge **on court**) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Scorer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Umpires \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Responsibilities:**

**While team is playing On Court:**

Play within the rules Accept umpire’s decision

Try your hardest Acknowledge your opponents

Encourage team members positively Praise good play (on both sides)

Don't waste time (eg return ball to server as quickly as possible)

**Responsibilities:**

**While team is Officiating Games:**

Umpire games

Score games

Record scores on tournament results sheet

Putting up the nets and making sure all equipment is returned to the store promptly

Giving the teacher a written record for both teams at the end of each game

**Overview of Modified Volleyball rules**

* Use badminton court.
* Set net at Volleyball height.
* **Team has four players on the court. Other players substitute on each new serve.**
* Players rotate positions when their team gets the serve off the opposition.
* The team, which wins the point, serves.
* Score is rally point i.e. a point is scored every time a ball is served.
* Games are played to a time limit rather than points to win a set. The time limit set by the teacher is between 10 and 15 minutes per game.
* The serve can only be an underhand throw or underhand serve.
* The ball must be hit with two hands. (Either overhead pass or forearm pass).
* No spikes are allowed.
* The ball may hit the ground once for each time it goes over the net.
* It may hit the ground outside the court if it has come off a retrieving player.
* If the ball hits the ground the next shot must be a forearm pass.
* Ākonga may not hit the ball twice in a row.

**Cooperative Sport**

Team Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Members

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Performance Criteria** | Max. score for each criteria | Game 1 versus  \_\_\_\_\_\_ | Game 2 versus  \_\_\_\_\_\_ | Game 3 versus  \_\_\_\_\_\_ | Game 4 versus  \_\_\_\_\_\_ |
| **Before Game scores** |  |  |  |  |  |
| Team are in correct and distinctive team uniform. | 1 |  |  |  |  |
| All team members shake hands with opposite team. | 2 |  |  |  |  |
| **During Game** |  |  |  |  |  |
| Encouragement Always encouraging (4), usually (3), often (2), sometimes (1), seldom (0) | 4 |  |  |  |  |
| Accepting umpire’s decision Reduce 1 point for each disagreement.  Minimum points = 0 | 3 |  |  |  |  |
| Shared team participation Reduce 1 point if a player dominates.  Reduce 1 point if a player isn’t included fairly. Minimum points = 0 | 3 |  |  |  |  |
| Sportspersonship Reduce 1 point if a player argues with opposition or deliberately disrupts play Minimum points =0 | 2 |  |  |  |  |
| **After Game** |  |  |  |  |  |
| All team members shake hands with opposite team. | 2 |  |  |  |  |
| Team cheer/chant. Requires all members to contribute enthusiastically. | 2 |  |  |  |  |
| **Result** Win = 3 points, draw = 2 points, loss = 1 point | 3 |  |  |  |  |
| **Duty team score** |  |  |  |  |  |
| 3 points if everyone did their jobs well.  2 points if everyone did their jobs.  0 points if some did not do their jobs. | 3 |  |  |  |  |
| **Total points** | 25 |  |  |  |  |